

**CAN COIX**  
**HORARIO ACTIVIDADES 2020**

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
<b>8:30</b>		 <b>BODYPUMP 50'</b>	<b>CIRCUIT HIT 45'</b>	<b>PILATES 50'</b>	
<b>9:30</b>	 <b>BODYPUMP 50'</b>	<b>SPINNING 45'</b>	<b>PILATES 50'</b>	<b>CIRCUIT HIT 45'</b>	<b>SPINNING 45'</b>
<b>10:30</b>	<b>SPINNING 45'</b>	<b>PILATES 50'</b>	 <b>BODYPUMP 50'</b>	<b>SPINNING 45'</b>	<b>PILATES 50'</b>
<b>17:00</b>	<b>SPINNING 45'</b>	 <b>BODYPUMP 50'</b>	<b>PILATES 50'</b>	<b>SPINNING 45'</b>	<b>PILATES 50'</b>
<b>18:00</b>	<b>PILATES 50'</b>	<b>SPINNING 45'</b>	 <b>BODYPUMP 50'</b>	<b>PILATES 50'</b>	 <b>BODYPUMP 50'</b>
<b>19:00</b>	<b>SPINNING 45'</b>	<b>PILATES 50'</b>	<b>SPINNING 45'</b>	 <b>BODYPUMP 50'</b>	<b>SPINNING 45'</b>
<b>20:00</b>				<b>SPINNING 45'</b>	
<b>20:15</b>	 <b>BODYPUMP 50'</b>	<b>SPINNING 45'</b>	<b>SPINNING 45'</b>		